Childhood Asthma Control Test

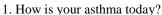
The Childhood Asthma Control Test[†] is a way to help your healthcare provider determine if your child's asthma symptoms are under control. Answer the questions below and then share the results with your child's healthcare provider. Based on the score, he or she may suggest a variety of options to help better manage your child's asthma.

The Childhood Asthma Control Test[†] is designed for children 4 to 11 years old.

How to take the Childhood Asthma Control Test

- Have your child respond to the first 4 questions (1-4). If your child needs help reading or understanding the question, you may help, but let your child select the response.
- Complete the remaining 3 questions (5-7) on your own and without letting your child's response influence your answers. There are no right or wrong answers.

Have your child complete these questions.











2. How much of a problem is your asthma when you run, exercise or play sports?



problem, I can't do what I want to do



It's a problem and I don't like it.

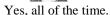


It's a little problem but it's ok.

It's not a problem

3. Do you cough because of your asthma?







Yes, most of the time.



Yes, some of the time



No, none of the time.

4. Do you wake up during the night because of your asthma?



Yes, all of the time.



Yes, most of the time



Yes, some of the time.



No, none of the time.

Please complete the following questions on your own.

5. During the <u>las</u> Not at all			_	_	ssthma symptoms? Everyday
6. During the <u>last 4 weeks</u> , how many days did your child wheeze during the day because of asthma?					
Not at all	1-3 days	4-10 days	11-18 days [©]	19-24 days	Everyday
7. During the <u>last 4 weeks</u> , how many days did your child wake up during the night because of asthma?					
O Not at all O	1-3 days O /	L-10 days 🖰 11	-18 days 🖰 19-	24 days Ever	vdav